

Bullying-for Parents



Parent Mini
Guides

The Three Schools

The Three Schools (Mursley, Drayton Parslow and Swanbourne Schools)

Bullying - A Guide for Parents

Bullying Definition of bullying:

It is the wilful, conscious desire to hurt, threaten or frighten someone repeatedly by an individual or groups.

Bullying may include:

- **Physical Attack**: Unwanted physical contact, kicking, punching, pinching, pushing, hitting etc.
- **Words**: Teasing and name calling, making fun of physical differences e.g. Fat/thin, tall/short etc.
- **Rumours**: Interfering with friendships, isolation of individuals, spreading nasty rumours
- **Threatening**: Taking money, items, or threaten physical attack
- **Annoying**: Continually annoying and causing discomfort and frustration
 - **Racist**: Being unkind about race, colour or religion

If you are concerned about bullying:

At the Three Schools, we have clear expectations of good and friendly behaviour and we see bullying in a serious light. We also want to ensure that parents and carers and children are able to communicate their concerns with the school.

- Carefully listen to the child's account of the nature of the incident/s
- Acknowledge a child's fears and experiences. Open communication helps to accurately establish the nature of the concern and also if the situation changes or improves with time.
- Speak to the Class Teacher who will make thorough enquiries and address the situation.
- Follow up with the Class Teacher and the child to find out about improvements and changes to the situation.
- Please continue to tell your class teacher if you feel that the situation has improved, worsened or remained unchanged.

This will allow measures to:

- Be adjusted in order to resolve the matter.
- Should you not be entirely satisfied with the situation it would be possible to arrange a meeting with the School Head (or a senior staff member in their absence) who will further address the situation.

Never bully back, keep the communication open with the Class Teacher in working towards a solution.

Maintaining a friendly and safe environment for our children:

We all play a very important role in ensuring that The Three Schools continue to provide a safe, caring and friendly environment for our children, allowing children to concentrate on and flourish in their education.

Your help is vital. Please help us by:

- Preparing young children about acceptable friendly behaviour and the negative effects of bullying
- Encouraging children to identify and report bullying that they either experience or see
- Encouraging children to speak to yourselves and staff about their concerns, fears and experiences so that behaviour can be corrected very quickly

Resources:

Some useful websites that provide information on Bullying:

- www.anti-bullyingalliance.org.uk - Provides Help and advice for Parents, Carers, Children, Young People and Practitioners
- www.kidscape.org.uk - Provides advice, downloadable resources, assertiveness training for children
- www.childline.org.uk - Get help and advice about bullying issues, talk to a counsellor online.
- www.bullyfreezone.co.uk - The project aims to raise awareness of alternative ways of resolving conflict and reducing bullying.
- www.parentlineplus.org.uk - A national charity providing help and support to anyone caring for children
- www.nspcc.org.uk - To make you more aware of the dangers children face, plus handy hints to help you to brush up your parenting skills. Go to Help and Advice, Parents and Carers
- www.stopbullyingnow.com
 - Bullying Information, Resources, and Prevention Tips. Whether you have been bullied, witnessed bullying, or bullied someone else.



