

**Our Christian Vision** - *Let your light shine before others, that they may see your good deeds and glorify your Father in heaven* - **Matthew 5:16**



**Friday 10<sup>th</sup> October 2025**

**News from The Three Schools**

With **HONESTY, RESPECT, FORGIVENESS**  
and **LOVE**, we persevere, succeed and shine.

**Happy Hello Yellow Day!**

The staff and children across the Three Schools have had another exciting week; EYFS and KS1 children participated in their **Harvest Festival Service** at Drayton Parslow church.

We have also enjoyed celebrating **Mental Health Awareness Day 2025** by wearing Yellow and taking part in a variety of exciting activities to raise awareness of mental health. **If you would like to make a donation to this amazing charity, please use the link below to help us reach our target of £500.**

[YoungMinds - Three Schools](#)

**YOUNGMINDS**  
fighting for young people's mental health

Children have also continued to have a variety of wonderful opportunities across all classrooms developing their English, Maths, Science and Topic skills as well as EYFS pupils having an energetic visit to the gym.

Please enjoy some of the children's experiences in our newsletter.

Yours sincerely

**David May (Executive Headteacher)**

**The KS2 Golden mile update - W.C 28<sup>th</sup> September 2025**

Gates are open at 8.25am—COME AND JOIN US!

**W.C 28<sup>th</sup> September 2025** —It's been another energetic week for the daily mile runners this week, a great effort!

The Star class this week is **Year 3** clocking up **175 laps** which is **9 miles!**

As a School collectively, we have managed to cover a staggering **526 laps** which is **26 miles!**

**(Mrs Newman—Golden Mile Co-ordinator)**

**Wear Red Day 2025 – Friday 17<sup>th</sup> October 2025**

In support of **Show Racism the Red Card (SRTRC)** on **Friday 17<sup>th</sup> October 2025**, the Three Schools will take part in **Wear Red Day 2025**. 2025 is the 11th Anniversary of **Wear Red Day**. A landmark that the charity SRTRC are incredibly proud of. Their first celebration in 2014 saw 7,000 people registering to take part. In 2024, that figure had exploded to become 750,000 participants celebrating with them.

For 2025, SRTRC have once again set themselves an exciting target and with our help, they think that they can achieve it. We will be celebrating with SRTRC and aim to be one of the 1 million supporters for the charity.

As a supporter, we will be showing our true, brave colours. As part of the team, we will be making them stronger. Every heart and every mind that they change, changes at least one life but has the capacity to change hundreds, if not thousands of others.

**WE WILL NOT BE ASKING FOR ANY DONATIONS FOR THE WEAR RED DAY – BUT WE ARE LOOKING TO WEAR RED TO RAISE AWARENESS OF THIS AMAZING CAMPAIGN.**

As SRTRC say **“Be a proud anti-racist. Be the difference. Join us.”** **Wear Red**



**(Mr May – Executive Headteacher)**

## EYFS and KS1 Harvest Festivals

Thank you so much for parents, carers and family members for joining us for the both Harvest Festival services at St Mary the Virgin Church (Mursley) on **Thursday 2<sup>nd</sup> October** and The Holy Trinity Church (Drayton Parslow) on **Tuesday 7<sup>th</sup> October**.



The children did a wonderful job to celebrate Harvest time with some beautiful singing, reading and prayers.

We would like to say an enormous 'Thank you' to all families for your generosity in providing an amazing amount of donations to support the **Milton Keynes Foodbank** to help those in our community who are in need.

*(Kingfishers, EYFS and KS1 staff and Pupils)*

## KS2 Harvest Festival at St Swithun's

Thank you so much for parents, carers and family members for joining us on **Friday 3<sup>rd</sup> October** for the KS2 Harvest Festival services at St Swithun's church.



The children did an amazing job to celebrate Harvest time with some beautiful singing, reading and prayers.

Thank you for all your generosity in providing an amazing amount of donations to support the **Milton Keynes Foodbank** to help those in our community who are in need.

*(KS2 staff and Pupils)*

## MacMillan Cake Sales and Coffee Mornings

Across Mursley and Drayton Parslow, EYFS and KS1 have worked together to help raise funds for the MacMillan Cancer Support.



As part of the 'World's Biggest Coffee Morning', children held coffee mornings/afternoons and brought cakes into school to enjoy with their families and friends.

Thank you for your AMAZING support during our fundraising for the MacMillan Cancer support charity, we managed to raise the following amounts;

**Mursley – £227.23**

**Drayton Parslow – £170**

**Total – £397.23**

**THANK  
YOU**

## Boys' Football Match v Buckingham Park School

Yesterday the Swanbourne boys' team played their first game of the season, away at Buckingham Park School in Aylesbury. This was the first round of the Aylesbury Vale Primary Schools Cup Competition.

With only three remaining members of last year's team – one of whom was unavailable through injury – this was a new squad of players, who have never played together before. It didn't take long for them to start working well and developing an understanding between them.

The game started brightly, with Jacob going close to scoring, but it wasn't until half way through the first half that Swanbourne were awarded a penalty for a handball. Oliver was given the responsibility and duly dispatched the ball for a 1-0 lead.

A few minutes later Ted, who was captaining the side, hit a fearsome shot, which whizzed past the keeper and into the back of the net. 2-0 it remained at half-time.

The second half saw the opposition gain greater composure, but our defence held firm, including a great save from Harry in goal. So the final score was 2-0.

On to the next round of the cup. With league fixtures starting next week.

Well done to all those who were able to take part. But also a thank you is needed for Stan, who would have played had he not been injured. His support and encouragement from the touch-line was much appreciated.

*(Mr Thorp – PE Leader)*

## EYFS enjoy a trip to the gym

This week both Foundation classes from Mursley and Drayton Parslow had a wonderful afternoon at Arabian Gym in Bletchley. The session fit perfectly into our learning this week which has been around 'how we keep healthy'. We began with a warm up song and stretches before the children got to test out their gymnastic skills on the equipment - balancing, jumping, climbing, swinging, rolling ....

Everyone had a fantastic time and came out of the session with very rosy cheeks! I bet they slept well that night!

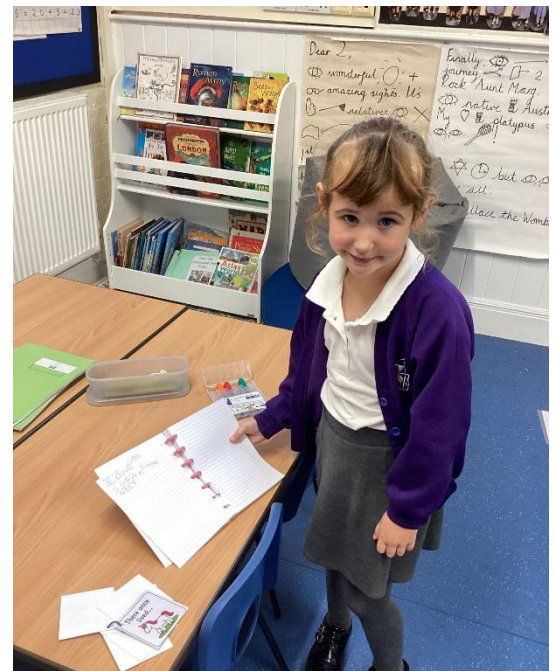
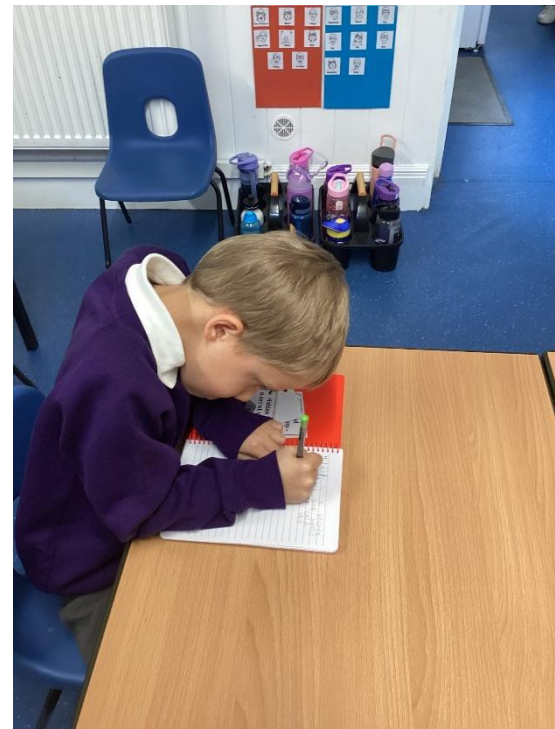
*Mrs Cadigan and Mrs Towse (EYFS Teacher)*



## Writing for enjoyment opportunities in Year 2 at Mursley

Year Two Mursley pupils are very grateful to **The Friends of The Three Schools** for funding our 'Once Upon A Pen' area. The children really enjoyed creating their own stories using the fun pads, pens and pencils and have tucked the beginnings of possibly their first novels in their drawers to continue when they have spare moments during the day. We are looking forward to them sharing them once they have finished but can already see what wonderful imaginations they have!

*(Mrs Meichtry – Year 2 Teacher)*



## Year 2 pupils moving up to Junior School in September 2026

For parents of pupils currently in Year 2 at Drayton Parslow and Mursley please read the information leaflet and ensure you consider the following important information parents need to do:

- Apply online for a junior school place by **15<sup>th</sup> January 2026** - This is a national closing date.
- If you are the council tax payer you will need to inform Buckinghamshire Council your council tax account number for address evidence purposes.
- If you are not the council tax payer then you must send an electricity or gas bill no more than 3 months old.
- Parents who do not apply on time are less likely to get a place at their preferred school/s.

### What should you be doing now?

- Visit the website for information about moving up to Junior school [buckinghamshire.gov.uk](http://buckinghamshire.gov.uk)
- The 'Find my child a school place' service on the website has additional information about our junior schools [buckinghamshire.gov.uk](http://buckinghamshire.gov.uk)
- Check the website of the schools you are interested in to see whether they can offer a virtual open event or other options to learn more about the school. Check to see which is your nearest or catchment junior school to see if they could meet your child's needs.



## Key Dates - For Children Starting School or Moving up to Junior School in September 2026

|                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|--------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 5 <sup>th</sup> November 2025                    | Primary Portal opens at 11am on this date<br>(Buckinghamshire residents only)                                                                                                                                                                                                                                                                                                                                                                    |
| 13 <sup>th</sup> January 2026                    | Paper application for junior school to be returned to the infant school by <b>9am</b>                                                                                                                                                                                                                                                                                                                                                            |
| 15 <sup>th</sup> January 2026<br><b>DEADLINE</b> | <b>Reception and Junior Transfer online applications Primary Portal closes at <b>midnight</b></b>                                                                                                                                                                                                                                                                                                                                                |
| 29 <sup>th</sup> January 2026                    | Latest date for moving into or within Buckinghamshire (and providing evidence to show residency) for us to use the new address for the first round of allocations.<br><br>Final date for agreed 'special cases' to be considered as 'on time' (a house move is not considered to be a special case).<br><br>Applications received between 16 January and 29 January that are not deemed to be 'special cases' will be processed for 16 April but |

|                                                                  |                                                                                                                                                                                                                                                                   |
|------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                  | will be considered after all 'on time' applications have been processed ( <b>late but included in the 1<sup>st</sup> round</b> )                                                                                                                                  |
| <b>16<sup>th</sup> April 2026</b>                                | <b>*National Primary Allocation Day*</b>                                                                                                                                                                                                                          |
| <b>30<sup>th</sup> April 2026</b>                                | Closing date for:<br>1 <sup>st</sup> round acceptances via the online portal <b>which closes at 11.59pm</b><br>New applications for the 2 <sup>nd</sup> round<br>Mover address evidence for the 2 <sup>nd</sup> round.                                            |
| <b>21<sup>st</sup> May 2026</b>                                  | 2 <sup>nd</sup> round allocations emailed to parents and community schools advised of further admissions.                                                                                                                                                         |
| <b>28<sup>th</sup> May 2026</b>                                  | Closing date for: <ul style="list-style-type: none"> <li>• acceptances from 2nd round</li> <li>• new applications for 3<sup>rd</sup></li> <li>• changes of preference</li> <li>• mover address evidence for 3<sup>rd</sup> round. School Portal closes</li> </ul> |
| <b>21<sup>st</sup> June 2026</b>                                 | School Portal opens 3rd round allocations and waiting list positions emailed to parents and community schools advised of further admissions.                                                                                                                      |
| <b>28<sup>th</sup> June 2026</b>                                 | Closing date for: <ul style="list-style-type: none"> <li>• acceptances from 3rd round</li> <li>• new applications for 4<sup>rd</sup></li> <li>• changes of preference</li> <li>• mover address evidence for 4<sup>th</sup> round. School Portal closes</li> </ul> |
| <b>7<sup>th</sup> July 2026</b>                                  | Transition Day - Children attend their new school for the day                                                                                                                                                                                                     |
| <b>26<sup>th</sup> July 2026</b>                                 | Waiting list positions advised to parents                                                                                                                                                                                                                         |
| <b>26<sup>th</sup> July 2026</b>                                 | Closing date for: acceptances from 4 <sup>th</sup> round                                                                                                                                                                                                          |
| <b>From 29<sup>th</sup> June – 26<sup>th</sup> July 2026</b>     | Applications will be processed by 2 <sup>nd</sup> August – where places are available                                                                                                                                                                             |
| <b>Applications received after the 26<sup>th</sup> July 2026</b> | Will be allocated on an ad hoc basis – where places are available                                                                                                                                                                                                 |
| <b>September 2026</b>                                            | The new school year starts                                                                                                                                                                                                                                        |

## Winslow Rotary Shoebox Appeal

### What is the Rotary Shoebox appeal?

To bring a little happiness to disadvantaged children in Eastern Europe, often in orphanages, The Three Schools have volunteered to support the Winslow Rotary by joining join the many schools across the country by participating in the Rotary Shoebox Scheme.

Each year the Winslow Rotary organisation sends Shoeboxes full of gifts, filled by their supporters (schools, business and individuals), to trusted partners for distribution to countries in Eastern Europe including Romania, Moldova and Ukraine.

Although many boxes are delivered in time for Christmas (and there is still time to do that this year) the scheme runs all year round, not just for Christmas.

### How we will be able to take part?

- Winslow Rotary will provide us with specially designed shoeboxes delivered to the schools
- There are four types of content you can choose to fill boxes and typically schools opt for either a box of toys for boys and girls or a box with contents geared towards teenagers/young people up to 18 years of age.
- We are inviting pupils and families to take a shoebox home and fill it with gifts.
- There is no charge to the school for the box itself as Winslow Rotary covers the £2 donation requested by the organisers for each box which contributes towards the cost of transport.
- School will then contact Winslow Rotary when all of our boxes are ready for collection and they will be taken away for delivery.

## Rotary Shoebox Scheme

[www.rotaryshoebox.org](http://www.rotaryshoebox.org)

### Suggestions for filling your shoebox

#### Child ~ For young children

Cars, trucks, etc, balls, complete jigsaws, action figures, colouring books, pens, crayons, yo-yo, bubble blowers, wooden and plastic toys, pencil case, pencil sharpener, dominoes, playdough / plasticine & cutters, fluffy toys, dolls, stickers, writing pads, skipping rope, scarf, mittens / gloves, hat, harmonica, games, cards...

#### Teenagers ~ up to 18 years age

Sportswear, scarf, gloves, socks, hat, football memorabilia, writing materials, games, playing cards, tennis ball, tooth brush & paste, roll-on deodorants, comb, mirror, costume jewellery, make-up, hair brush, toiletries, school stationery, clothing repair kits, sketch pad, coloured pens / pencils...

#### Household Goods ~ For older folk & families

Scarves, gloves, hats, wrapped soap, toothpaste, toothbrush, disposable razors, shampoo, soap flakes, pan scourers, antiseptic cream, bandages, face or body creams, cosmetics, pens, writing pad & envelopes, T-lights, candles, sewing kit, scissors...

#### Baby ~ Age up to 12 months

This is given to new mothers and can include baby wipes, baby shampoo, baby oil, talc powder, bonnet, booties and mitts, baby grow, baby blanket, small soft toy or plastic rattle...

#### WHAT NOT TO INCLUDE IN ANY BOX

**Do not include any sweets, chocolate, drinks or food of any kind**  
(They are against Customs regulations at country borders)

Battery operated toys, conflict related items, matches, inflammable liquids, inflammable aerosols (eg: deodorants & hair spray), seeds or any other living material, automatic washing machine powders

Please securely sellotape tops of liquid containers.  
Protect anything sharp and do not put anything sharp into a CHILD box



- It is important to indicate on the box lid, who the box is for.
- The contents are of good quality.
- The box should be completely filled.
- Remember that the recipient will be opening the box in eager anticipation, and especially with the toys for the children, quite possibly the first real gifts they have received for a very long time.

***“Spreading a Little Happiness”***

**We now have the shoeboxes in school, if your family would like to take part in this opportunity to support this wonderful charity, please email your school office or request a shoebox from the school.**

**Shoeboxes will need to be returned to school by Friday 28<sup>th</sup> November 2025.**



# Buckinghamshire Family Learning



## FREE ONLINE SCHOOL COURSES for PARENTS and CARERS

TO BOOK  
YOUR PLACE



01296 383582

OR SCAN the QR code or CLICK on the  
[course code link](#) below

### RECEPTION (MATHS - 6 week online course)

Develop your child's Early Maths Skills

9:30am - 11:30am

- Mon 3<sup>rd</sup> Nov - Mon 8<sup>th</sup> Dec
- Tue 4<sup>th</sup> Nov - Tue 9<sup>th</sup> Dec
- Thur 6<sup>th</sup> Nov - Thur 11<sup>th</sup> Dec



Choose from 1  
of these 3 dates

Course code:  
**FMEM049**



### YEARS 1 & 2 (MATHS CONFIDENCE - 6 week online courses)

Tue 4<sup>th</sup> Nov - Tue 9<sup>th</sup> Dec 9:30am - 11:30am  
Support your child with Maths

Course code:  
**FMMN024**



Mon 3<sup>rd</sup> Nov - Mon 8<sup>th</sup> Dec 7pm - 9pm  
Support your child's understanding of Shape, Data & Measure

Course code:  
**FMMS047**



### YEARS 3 & 4 (MATHS CONFIDENCE - 6 week online courses)

Mon 3<sup>rd</sup> Nov - Mon 8<sup>th</sup> Dec 9:30am - 11:30am  
Support your child with Geometry, Statistics & Measurement

Course code:  
**FMMS088**



Wed 5<sup>th</sup> Nov - Wed 10<sup>th</sup> Dec 6:30pm - 8:30pm  
Support your child's Confidence with Numbers

Course code:  
**FMMN026**



### YEARS 1 - 6 (MONEY MATTERS - 4 week online course)

Wed 5<sup>th</sup> Nov - Wed 26<sup>th</sup> Nov 7pm - 9pm  
Help teach your child the value of Money

Course code:  
**FMMM100**



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adultlearningbc.ac.uk



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# Buckinghamshire Family Learning



## FREE ONLINE SCHOOL COURSES for PARENTS and CARERS

TO BOOK  
YOUR PLACE



**01296 383582**

OR SCAN the QR code or CLICK on the  
[course code link](#) below

### YEARS 3, 4 & 5 (2 hour online workshops)

Advice for parents to support their children with the pressures & anxieties of the 11+ (Part 1)

**6:30pm - 8:30pm**

- Tue 4<sup>th</sup> Nov
- Tue 2<sup>nd</sup> Dec



Choose from 1 of  
these 2 dates

Course code:  
**FMEP095**



Expectations of the 11+ and useful information to support your child (Part 2)

**6:30pm - 8:30pm**

- Tue 11<sup>th</sup> Nov
- Tue 9<sup>th</sup> Dec



Choose from 1 of  
these 2 dates

Course code:  
**FMEP096**



### YEARS 5 & 6

**Thurs 6<sup>th</sup> Dec - Thurs 11<sup>th</sup> Dec** 6:30pm - 8:30pm

Support your child with MATHS - Fractions, Decimals  
& Percentages (6 week online course)

Course code:  
**FMFD135**



Using Books to help your child with Grammar, Vocabulary & Punctuation (2  
hour online workshop)

**6:30pm - 8:30pm**

- Tue 18<sup>th</sup> Nov
- Tue 25<sup>th</sup> Nov



Choose from 1 of  
these 2 dates

Course code:  
**FMWG033**



### YEARS 3, 4, 5 & 6 (WELLBEING)

**Tue 9<sup>th</sup> Dec** 12:30pm - 2:30pm

Help your child develop Self-Belief through Problem Solving  
(2 hour online workshop)

Course code:  
**FMWB021**



**Tue 4<sup>th</sup> Nov - Tue 2<sup>nd</sup> Dec** 12:30pm - 2:30pm

Support your child's Wellbeing (5 week online course)

Course code:  
**FMWB020**



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# Half Term Events

**Sun 12<sup>th</sup> Oct - Sun 2<sup>nd</sup> Nov**

## Pumpkin Hunt Trail

Hunt our gardens for pumpkins to win a prize! Age 3 - 11.  
Pre-book or drop in. £3.15 per child. Not available Mon & Sat.



**Sun 26<sup>th</sup> Oct**

## Halloween Monster Hunt

Hunt through the museum gathering body parts to build your own Frankenstein! Inspired by Mary Shelley's locally-written Frankenstein. Age 4 - 11. Pre-book. £7.25 per child.



**Tue 28<sup>th</sup> & Wed 29<sup>th</sup> Oct**

## Discover & Make: Mosaic Madness

Make your very own mosaic coaster in your own personal design! Learn all about mosaic history, including Wycombe's Roman villa. Best for age 4 - 11. Pre-book. £4.75 per child.



**Thu 30<sup>th</sup> Oct**

## Babes in the Wood Forest School

For little ones to enjoy nature, explore, do seasonal crafts, campfire cooking and more. For age 18mnth - 5yrs.  
Pre-book. £8.90 per child.



**Book at [wycombemuseum.org.uk](http://wycombemuseum.org.uk)**



Organised by Friends of the Three Schools

*We are having a*

# Bag2School

*fundraising Collection*



Bag2School collect our unwanted clothes and shoes and give a cut back to the school. Last year we raised £1047.90

## When:

Weds 15th Oct 2025

Drop bags outside school by 9.30am

### Bag 2School Collection in 3 Easy Steps



Grab a bin bag or two



Fill them with all the clothes and soft toys you've cleared out!



Drop outside your school by 9.30am

## Yes

- Adult and children clothing
- Paired shoes (tied together)
- Handbags and bags
- Scarfs and Ties
- Hats
- Jewellery
- Belts
- Soft toys
- Household- linen/curtains/towels
- Bedding

## No

- Duvets and blankets
- Pillows and cushions
- Carpets, rugs and mats
- Soiled/Ripped/Damaged clothes
- School uniform
- Anything with a corporate logo
- Textile off cuts

For more detailed info: <https://bag2school.com/what-we-collect>

## Kingfishers Pre-School Update

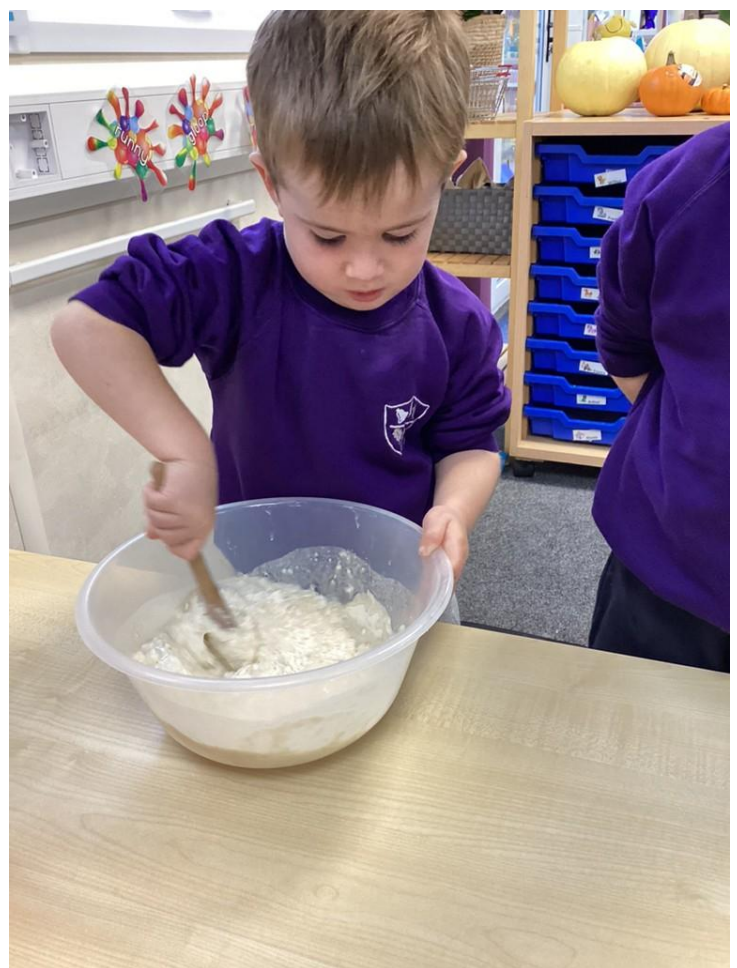
Another busy week at Kingfishers and we have noticed that the weather has definitely started to turn a little bit more autumnal. We have been looking what happens during the changing season especially animals that are preparing to hibernate.

As we were thinking about hibernating animals, we decided to make some hedgehog bread rolls in cooking. We made our bread dough and then had to leave it to rise for a short while before we created the hedgehog shape by moulding the bread and using scissors to snip the dough to look like the hedgehog spikes. They smelt delicious as they were cooking and tasted very nice too.

We have been thinking this week about our feelings and emotions and how our bodies feel when we are happy, sad, angry or excited. During circle time we were introduced to the Calming Cat and the Calming Kittens and how they can help us to identify how we are feeling and how to help our bodies deal with big feelings. We worked a lot with our blue Calming Kitten who teaches us all about breathing and we have really enjoyed some relaxing breathing exercises.

At forest school we created special nature wands. We used sticks and leaves to create some very fancy magic wands. We enjoyed using our wands during our forest school session and casting magic spells, unfortunately we weren't able to create a tidying up spell and still had to do that ourselves.

*Kelly Hall (Pre-School Leader)*



# 10 Top Tips for Parents and Educators

## DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

### 1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

### 2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

### 3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

### 4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

### 5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

### 6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

### 7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

### 8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

### 9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

### 10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

### Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



#WakeUpWednesday

The National College®

Friends of the Three Schools  
Presents...

# CHRISTMAS WREATH WORKSHOP

AT SWANBOURNE VILLAGE HALL

Wednesday 3<sup>rd</sup> December 7-9pm ADULTS ONLY

Monday 8<sup>th</sup> December 4.30-6.30pm ADULT & CHILD

£45 a wreath (1 x adult or 1 x adult & child)

Seasonal Refreshment and Nibbles provided

Please bring secateurs & some greenery!!

PURCHASE TICKETS ON PTA EVENTS  
[WWW.PTA-EVENTS.CO.UK/FRIENDSOF3SCHOOLS](http://WWW.PTA-EVENTS.CO.UK/FRIENDSOF3SCHOOLS)



Mental Health  
Support Team  
Buckinghamshire



**FREE**

**FOR PARENTS  
AND CARERS**

# LIVE WEBINARS

**CHILDREN'S MENTAL HEALTH**



**DATES:  
OCT – DEC  
2025**



**TIME:  
6PM – 7.30PM**

**To register, scan the QR codes on the next page!**



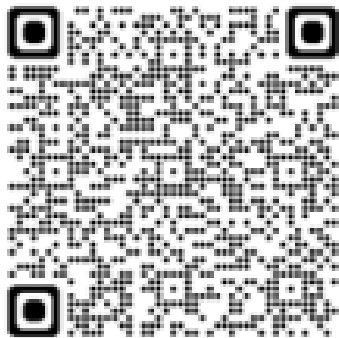
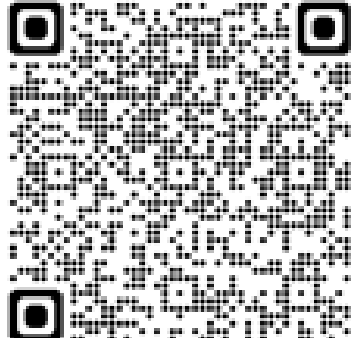
01865 901566



[bucksmhst@oxfordhealth.nhs.uk](mailto:bucksmhst@oxfordhealth.nhs.uk)

\* PLEASE NOTE: YOUR CHILD MUST ATTEND AN MHST SCHOOL FOR ACCESS TO THE WEBINARS. IF YOU ARE UNSURE, PLEASE CONTACT US.

# SCAN THE QR CODE TO SECURE YOUR PLACE:

| Topic                                               | Date                                                   | Link                                                                                                                                                                                                                                                | QR code                                                                               |
|-----------------------------------------------------|--------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <b>Overview of<br/>Mental health –<br/>Primary</b>  | <b>Monday 20<sup>th</sup><br/>of October<br/>2025</b>  | <a href="https://events.teams.microsoft.com/event/c250a6a6-2c15-4997-be09-407feac1ef4e@759ac89b-2aa4-4973-b048-e6903b46a8b6">https://events.teams.microsoft.com/event/c250a6a6-2c15-4997-be09-407feac1ef4e@759ac89b-2aa4-4973-b048-e6903b46a8b6</a> |    |
| <b>Overview of<br/>Mental health–<br/>Secondary</b> | <b>Monday 3<sup>rd</sup> of<br/>November<br/>2025</b>  | <a href="https://events.teams.microsoft.com/event/0d1c87a5-b3b5-4a9b-a4b2-dbbcbce77abf@759ac89b-2aa4-4973-b048-e6903b46a8b6">https://events.teams.microsoft.com/event/0d1c87a5-b3b5-4a9b-a4b2-dbbcbce77abf@759ac89b-2aa4-4973-b048-e6903b46a8b6</a> |   |
| <b>Childhood<br/>Anxiety</b>                        | <b>Monday 17<sup>th</sup> of<br/>November<br/>2025</b> | <a href="https://events.teams.microsoft.com/event/741a9c4f-0eb4-4a23-9694-def68b6eb3b5@759ac89b-2aa4-4973-b048-e6903b46a8b6">https://events.teams.microsoft.com/event/741a9c4f-0eb4-4a23-9694-def68b6eb3b5@759ac89b-2aa4-4973-b048-e6903b46a8b6</a> |  |
| <b>Adolescent<br/>Anxiety</b>                       | <b>Monday 1<sup>st</sup> of<br/>December<br/>2025</b>  | <a href="https://events.teams.microsoft.com/event/ffebl299-da8c-44dc-8d3b-6ad980e5c729@759ac89b-2aa4-4973-b048-e6903b46a8b6">https://events.teams.microsoft.com/event/ffebl299-da8c-44dc-8d3b-6ad980e5c729@759ac89b-2aa4-4973-b048-e6903b46a8b6</a> |  |

**FURZE DOWN  
SCHOOL AND THE  
THREE SCHOOLS  
PRESENTS....**

**A  
PROFESSIONAL  
LOW NOISE  
FIREWORKS  
DISPLAY BY  
FRONTIER  
FIREWORKS**

**THURSDAY  
23<sup>RD</sup> OCTOBER**

**EARLY BIRD\* TICKETS  
ON SALE NOW  
£20 PER FAMILY\*\*  
£7 INDIVIDUAL  
PLUS BOOKING FEES**

**PURCHASE TICKETS ON  
PTA EVENTS**

**[WWW.PTA-EVENTS.CO.UK/FRIENDSOF3SCHOOLS](http://WWW.PTA-EVENTS.CO.UK/FRIENDSOF3SCHOOLS)**

**Location: Furze Down School, Verney Rd,  
Winslow, MK18 3BL**

**Doors open at 5:30pm Display at 6:45pm**

**REFRESHMENTS INCLUDING BAR WILL BE  
AVAILABLE ON THE NIGHT -  
CASH OR CARD ACCEPTED**



\*EARLY BIRD TICKETS ARE FOR FIRST 50 FAMILY TICKETS PURCHASED, PRICE WILL INCREASE TO £25 PER FAMILY

\*\*FAMILY TICKET INCLUDES MAX 2 ADULTS AND UP TO 3 CHILDREN

# **BHT THERAPY LINK**

## **THERAPY ADVICE AT YOUR FINGERTIPS**

Confidential messaging service for parents, carers, young people and professionals.

Get advice and support from the Trust's Children and Young People's Integrated Therapies team.

- Occupational Therapy
- Physiotherapy
- Speech and Language Therapy.



Send a text message to **07312 263754**.  
Or scan the QR code.

A Children and Young People's Integrated Therapy Link Worker will reply to the message within 2 working days.

The messaging service is available Monday to Friday 9am to 4pm (excluding bank holidays).

<https://chathealth.nhs.uk/start-a-chat/h/TherapyLink>

**Disclaimer:** We might inform someone if we were concerned about your safety but we would usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Text will only be seen between (9am and 4pm). If you need help before you hear back from us contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps).

To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.

| The Three Schools Calendar and Important Dates (2025-2026)      |                                        |                                                                                    |
|-----------------------------------------------------------------|----------------------------------------|------------------------------------------------------------------------------------|
| Wednesday 15 <sup>th</sup> October 2025                         | All Three Schools                      | Parents Evenings (3.30pm – 8.00pm)                                                 |
| Wednesday 15 <sup>th</sup> October 2025                         | All Three Schools                      | Bags 2 School                                                                      |
| Thursday 16 <sup>th</sup> October 2025                          | Swanbourne (KS2)                       | Parents Evenings (3.30pm – 6.30pm)                                                 |
| Friday 17 <sup>th</sup> October 2025                            | All Three Schools                      | Show Racism the Red Card<br>Wear Red Day                                           |
| Monday 20 <sup>th</sup> October 2025                            | Swanbourne (Year 3)                    | Chiltern Open Air Museum Trip                                                      |
| Monday 20 <sup>th</sup> October 2025                            | Mursley & Drayton Parslow (Year 1 & 2) | Stables Theatre Trip                                                               |
| Wednesday 22 <sup>nd</sup> October 2025                         | All Three Schools                      | Popcorn Night                                                                      |
| Friday 24 <sup>th</sup> October 2025                            | All Three Schools                      | Break up for October Half Term                                                     |
| Monday 3 <sup>rd</sup> November 2025                            | All Three Schools                      | Autumn Term 2 Starts                                                               |
| Tuesday 11 <sup>th</sup> November 2025                          | All Three Schools                      | Remembrance Services                                                               |
| Thursday 13 <sup>th</sup> November 2025                         | Drayton Parslow (Year 1)               | Celebration Assembly (2.50pm)                                                      |
| Friday 14 <sup>th</sup> November 2025                           | All Three Schools                      | Children in Need (Spots & Stripes Day)                                             |
| Friday 28 <sup>th</sup> November 2025                           | All Three Schools                      | Winter Disco                                                                       |
| Monday 8 <sup>th</sup> December 2025                            | Kingfishers, Mursley & Drayton Parslow | Nativity Dress Rehearsal –<br>Grandparents & Younger Siblings to<br>watch (2.00pm) |
| Wednesday 10 <sup>th</sup> December 2025                        | Kingfishers, Mursley & Drayton Parslow | Nativity Performance (2.00pm)                                                      |
| Thursday 11 <sup>th</sup> December 2025                         | Kingfishers, Mursley & Drayton Parslow | Nativity Performance (2.00pm)                                                      |
| Monday 15 <sup>th</sup> December 2025                           | Kingfishers, Mursley & Drayton Parslow | Christingle Services                                                               |
| Tuesday 16 <sup>th</sup> December 2025                          | Swanbourne (Year 6)                    | Christmas Cracked (10.00am)                                                        |
| Wednesday 17 <sup>th</sup> December 2025                        | All Three Schools                      | Christmas Cinema Trip                                                              |
| Wednesday 17 <sup>th</sup> December 2025                        | Kingfishers Pre-School                 | Christmas Party                                                                    |
| Thursday 18 <sup>th</sup> December 2025                         | Swanbourne (KS2)                       | KS2 Christmas Concert<br>(9.30am & 2.00pm)                                         |
| Friday 19 <sup>th</sup> December 2025                           | All Three Schools                      | Christmas Jumper/Headwear Day                                                      |
| Friday 19 <sup>th</sup> December 2025                           | All Three Schools                      | Break up for Christmas                                                             |
| Monday 5 <sup>th</sup> January 2026                             | All Three Schools                      | INSET DAY                                                                          |
| Tuesday 6 <sup>th</sup> January 2026                            | All Three Schools                      | Spring Term 1 Starts                                                               |
| Wednesday 14 <sup>th</sup> January 2026                         | Mursley & Drayton Parslow (Year 1)     | ZSL Tring Museum Trip                                                              |
| Monday 2 <sup>nd</sup> February 2026                            | Swanbourne (Year 5 & Year 6)           | Young Voices Concert                                                               |
| Friday 13 <sup>th</sup> February 2026                           | All Three Schools                      | Dare to be different day                                                           |
| Friday 13 <sup>th</sup> February 2026                           | All Three Schools                      | Break up for February Half Term                                                    |
| Monday 23 <sup>rd</sup> February 2026                           | All Three Schools                      | Spring Term 2 Starts                                                               |
| Friday 27 <sup>th</sup> March 2026                              | All Three Schools                      | Break up for Easter Holidays                                                       |
| Monday 13 <sup>th</sup> April 2026                              | All Three Schools                      | INSET DAY                                                                          |
| Tuesday 14 <sup>th</sup> April 2026                             | All Three Schools                      | Summer Term 1 Starts                                                               |
| Wednesday 15 <sup>th</sup> April 2026                           | All Three Schools                      | Parents Evenings (3.30pm – 8.00pm)                                                 |
| Thursday 16 <sup>th</sup> April 2026                            | Swanbourne (KS2)                       | Parents Evenings (3.30pm – 6.30pm)                                                 |
| Monday 4 <sup>th</sup> May 2026                                 | All Three Schools                      | Early May Bank Holiday                                                             |
| Saturday 16 <sup>th</sup> May 2026                              | All Three Schools                      | Colour Run                                                                         |
| Thursday 21 <sup>st</sup> May                                   | All Three Schools                      | Break up for May Half Term                                                         |
| Friday 22 <sup>nd</sup> May 2026                                | All Three Schools                      | INSET DAY                                                                          |
| Monday 25 <sup>th</sup> May 2026                                | All Three Schools                      | May Bank Holiday                                                                   |
| Monday 1 <sup>st</sup> June 2026                                | All Three Schools                      | Summer Term 2 Starts                                                               |
| Monday 8 <sup>th</sup> June – Friday 12 <sup>th</sup> June 2026 | Swanbourne (Year 6)                    | Skern Lodge Residential Trip                                                       |
| Wednesday 17 <sup>th</sup> June 2026                            | All Three Schools                      | Book Look                                                                          |
| Friday 19 <sup>th</sup> June 2026                               | All Three Schools                      | Summer Disco                                                                       |

| Friday 26 <sup>th</sup> June 2026    | All Three Schools                  | INSET DAY                         |
|--------------------------------------|------------------------------------|-----------------------------------|
| Wednesday 1 <sup>st</sup> July 2026  | All Three Schools                  | Transition Day                    |
| Thursday 2 <sup>nd</sup> July 2026   | Swanbourne (Year 6)                | Transition Day 2 (Year 6 only)    |
| Friday 10 <sup>th</sup> July 2026    | All Three Schools                  | Speech Cup Final                  |
| Monday 13 <sup>th</sup> July 2026    | Swanbourne (Year 6)                | Year 6 Production (7.00pm)        |
| Tuesday 21 <sup>st</sup> July 2026   | Mursley & Drayton Parslow (Year 2) | Year 2 Leavers' Services (2.30pm) |
| Wednesday 22 <sup>nd</sup> July 2026 | Swanbourne (Year 6)                | Year 6 Leavers' Services (9.30am) |
| Wednesday 22 <sup>nd</sup> July 2026 | All Three Schools                  | Break up for Summer Holidays      |



**THE THREE SCHOOLS OPEN MORNINGS**

**SWANBOURNE**  
Wed 8<sup>th</sup> Oct - 9.30am and 11am  
Wed 19<sup>th</sup> Nov - 9.30am and 11am  
office@swanbournecschool.org  
01296 720295

**MURSLEY**  
Mon 6<sup>th</sup> Oct - 9.30am  
Mon 17<sup>th</sup> Nov - 11am  
office@mursleyceschool.org  
01296 720305

**DRAYTON PARSLow**  
Mon 6<sup>th</sup> Oct - 11am  
Mon 17<sup>th</sup> Nov - 9.30am  
office@draytonparslowschool.org  
01296 720306  
[www.threeschools.org](http://www.threeschools.org)

Please email or call to book your place - we look forward to welcoming you



## SEND Peer Support

### Drop-ins for parent/carers

Buckinghamshire Council in partnership with YC2 Young Carers, Forever Colours Children's Hospice and Verdetto Lounge are offering a drop-in session for parents and carers of children with SEND. The sessions will provide the opportunity to meet informally and build support networks.

Professionals will be on hand to provide information and signposting support. Children are welcome to attend with parents/carers.



Verdetto Lounge,  
Buckingham



Third Tuesday of  
every month



10:00am to 12:00  
midday

Please note we cannot comment on individual EHC Plan queries or outcomes.



Buckinghamshire  
Council

Proud to be part of  
**Familly Hub Network**  
Buckinghamshire

**FREE GIRLS STREET CRICKET**

**#HER GAME TOO**

**A weekly opportunity to learn how to play cricket and make new friends!**

Girls Aged 8-15 Welcome  
Open To All Abilities  
All Equipment Provided  
Wear What You Want

The Grange School  
Aylesbury  
HP21 7NH  
Thursdays 6 - 7:30pm

**CHANCE TO SHINE STREET**

REGISTER HERE

For more information please contact:  
claire.munday@buckscricket.co.uk



## Aylesbury Music Centre Timetable: Autumn 2025

### MONDAY

|             |                        |              |                |                             |
|-------------|------------------------|--------------|----------------|-----------------------------|
| 16:00-16:45 | Flute Choir            | Fay Hayhurst | Youssou N'Dour | Grade 1+                    |
| 16:15-17:00 | Advanced Improvisation | Ralph Wyld   | Roblin Hall    | Email<br>rwy@bucksmusic.org |
| 17:00-17:45 | Percussion Ensemble    | Ralph Wyld   | Roblin Hall    | Grade 2+<br>Any instrument  |
| 18:00-19:15 | Big Band               | Ralph Wyld   | Roblin Hall    | Grade 7+                    |
| 19:30-20:30 | Hi-Gain                | Mappleby     | Roblin Hall    | Grade 2+                    |

### TUESDAY

|             |                |                    |             |                               |
|-------------|----------------|--------------------|-------------|-------------------------------|
| 16:00-16:45 | MusiKids       | Fay Hayhurst       | Roblin Hall | Ages 5-8                      |
| 16:45-17:15 | Tuesday Choir  | Fay Hayhurst       | Roblin Hall | Ages 5-11                     |
| 17:15-18:00 | Prep Orchestra | Lauren Hollis-Hill | Roblin Hall | ½ term's lessons –<br>Grade 1 |
| 18:00-19:00 | Brass Ensemble | Nigel Gibbon       | Roblin Hall | Grade 3+                      |

### WEDNESDAY

|             |                        |              |             |          |
|-------------|------------------------|--------------|-------------|----------|
| 17:00-17:45 | Classical Guitar Group | Jaime Zaldua | Roblin Hall | Grade 1+ |
|-------------|------------------------|--------------|-------------|----------|

### THURSDAY

|             |                             |              |                |           |
|-------------|-----------------------------|--------------|----------------|-----------|
| 16:15-17:00 | Training Big Band           | Alex Dani    | Roblin Hall    | Grade 1-3 |
| 16:30-17:00 | Grade 5 Theory Crash Course | Fay Hayhurst | Youssou N'Dour | Grade 4-6 |
| 17:00-18:00 | Intermediate Big Band       | Sam Roberts  | Roblin Hall    | Grade 4-6 |
| 18:00-19:00 | Intermediate Band           | Peter Fisher | Roblin Hall    | Grade 4-6 |

### SATURDAY

|             |                        |                 |                |             |
|-------------|------------------------|-----------------|----------------|-------------|
| 09:00-10:45 | Youth Orchestra        | Tom Horn        | Roblin Hall    | Grade 7+    |
| 09:00-10:45 | Intermediate Orchestra | John Wilkinson  | Harding Hall   | Grade 4-6   |
| 10:00-10:45 | Training Strings       | Fay Hayhurst    | Main Hall      | Grade 1-3   |
| 10:45-11:15 | Theory                 | Naomi Jacob     | Youssou N'Dour | Grade 1-5   |
| 10:45-11:20 | Saturday Youth Choir   | Fay Hayhurst    | Harding Hall   | Open to all |
| 10:45-11:30 | Training Band          | Kate Nathan     | Main Hall      | Grade 1-3   |
| 11:30-13:00 | Concert Band           | John Wilkinson  | Roblin Hall    | Grade 7+    |
| 11:30-13:00 | Training Orchestra     | Tom Horn        | Harding Hall   | Grade 1-3   |
| 11:30-12:30 | String Ensemble        | Julian Trafford | Main Hall      | Grade 4+    |
| By request  | Advanced Aural         | Jonathan Rowe   | Youssou N'Dour | Grade 6-8   |