

The Three Schools - Skills and Knowledge progression for PSHE and RSE

EYFS

	EYFS- Development matters
Family ✓ Learning how to talk about our families and discussing why we love them. ✓ Talking about people that hold a special place in my life. Friendships ✓ Developing strategies to help when sharing with others. ✓ Exploring what makes a good friend. Respectful relationships ✓ Thinking about what it means to be a valued person. ✓ Exploring the differences between us that make each person unique. ✓ Considering the perspectives and feelings of others. ✓ Learning to work as a member of a team. ✓ Developing listening skills. Family ✓ To name and describe the different members of our families. ✓ To understand that all families are valuable and special. Friendships ✓ To know that we share toys so that everyone feels involved and no one feels left out or upset. Respectful relationships ✓ To understand that different people like different things. ✓ To understand that all people are valuable. ✓ To know that it is important to help, listen and support others when working as a team. ✓ To know that it is important to tell the truth.	Personal, social and emotional development ✓ see themselves as a valuable individual ✓ build constructive and respectful relationships ✓ express their feelings and consider the feelings of others ✓ show resilience and perseverance in the face of challenge ✓ identify and moderate their own feelings socially and emotionally ✓ think about the perspectives of others ✓ manage their own needs and personal hygiene ✓ know and talk about the different factors that support their overall health and wellbeing including: regular physical activity, healthy eating, toothbrushing, sensible amounts of 'screen time', having a good sleep routine, being a safe pedestrian

KS1

Year 1	Year 2	National curriculum – end of KS1
Skills Family ✓ Exploring how families are different to each other. Friendships ✓ Exploring how friendship problems can be overcome. ✓ Exploring friendly behaviours. Respectful relationships ✓ Recognising how other people show their feelings. ✓ Identifying ways we can care for others when they are sad. ✓ Exploring the ability to successfully work with different people. Knowledge Family ✓ To understand that families look after us. ✓ To know some words to describe how people are related (eg. aunty, cousin). ✓ To know that some information about me and my family is personal. Friendships ✓ To understand some characteristics of a positive friendship. ✓ To understand that friendships can have problems but that these can be overcome. Respectful relationships ✓ To know that it is called stereotyping when people think of things as being 'for boys' or 'for girls' only. Ask me anything...	Skills Family ✓ Understanding ways to show respect for different families. ✓ Understanding that families offer love, care and support. Friendships ✓ Understanding difficulties in friendships and discussing action that can be taken. Respectful relationships ✓ Learning how other people show their feelings and how to respond to them. ✓ Exploring the conventions of manners in different situations. Change and loss ✓ Exploring how loss and change can affect us. Knowledge Family ✓ To know that families can be made up of different people. ✓ To know that families may be different to my family. Friendships ✓ To know some problems which might happen in friendships. ✓ To understand that some problems in friendships might be more serious and need addressing. Respectful relationships ✓ To understand some ways people show their feelings. ✓ To understand what good manners are. ✓ To understand some stereotypes related to jobs. Change and loss ✓ To know that there are ways we can remember people or events.	✓ There are no specific outcomes for Key Stage 1, as statutory guidance sets expectations for the end of primary rather than by key stage.

LKS2

Year 3	Year 4
Skills Family ✓ Learning that problems can occur in families and that there is help available if needed. Friendships ✓ Exploring ways to resolve friendship problems. ✓ Developing an understanding of the impact of bullying and what to do if bullying occurs. Respectful relationships ✓ Identifying who I can trust. ✓ Exploring the negative impact of stereotyping. Knowledge Family ✓ To know that I can talk to trusted adults or services such as Childline if I experience family problems. Friendships ✓ To know that bullying can be physical or verbal. ✓ To know that bullying is repeated, not a one off event. ✓ To know that violence is never the right way to solve a friendship problem Respectful relationships ✓ To know that trust is being able to rely on someone and it is an important part of relationships. ✓ To understand that there are similarities and differences between people.	Skills Friendships ✓ Exploring physical and emotional boundaries in friendships. Change and loss ✓ Discussing how to help someone who has experienced a bereavement. Knowledge Friendships ✓ To understand the different roles related to bullying including victim, bully and bystander. ✓ To understand that everyone has the right to decide what happens to their body. Respectful relationships ✓ To understand the courtesy and manners which are expected in different scenarios. ✓ To understand some stereotypes related to disability. Change and loss ✓ To know that bereavement describes the feeling someone might have after someone dies or another big change in their lives.

UKS2

Year 5	Year 6
Skills Family ✓ Identifying ways families might make children feel unhappy or unsafe. Friendships ✓ Exploring the impact that bullying might have. ✓ Exploring issues which might be encountered in friendships and how these might impact the friendship. Respectful relationships ✓ Exploring and questioning the assumptions we make about people based on how they look. Knowledge Family ✓ To know that marriage is a legal commitment and is a choice people can make. ✓ To know that if I have a problem, I can call ChildLine on 0800 1111. Friendships ✓ To understand what might lead to someone bullying others. ✓ To know what action a bystander can take when they see bullying. Respectful relationships ✓ To know that stereotypes can be unfair, negative and destructive. ✓ To know that discrimination is the unfair treatment of different groups of people, especially on the grounds of race, age, sex, or disability.	Skills Friendships ✓ Identifying ways to resolve conflict through negotiation and compromise. Respectful relationships ✓ Discussing how and why respect is an important part of relationships. ✓ Identifying ways to challenge stereotypes. Change and loss ✓ Exploring the process of grief and understanding that it is different for different people. Knowledge Friendships ✓ To know that a conflict is a disagreement or argument and can occur in friendships. ✓ To understand the concepts of negotiation and compromise. Respectful relationships ✓ To understand what respect is. ✓ To understand that everyone deserves respect but respect can be lost. ✓ To understand that stereotypes can lead to bullying and discrimination. Change and loss ✓ To understand that loss and change can cause a range of emotions. ✓ To know that grief is the process people go through when someone close to them dies.